

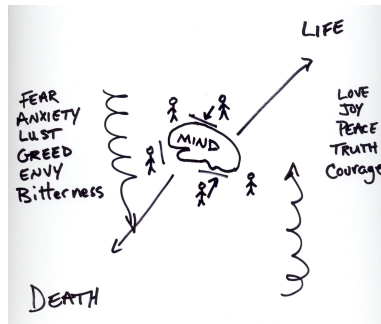


Romans 12:2 *Don't be conformed to this world, but be transformed by the renewing of your mind.*

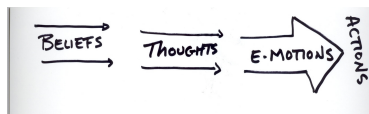
How do I open myself up to this renewing?

1) I begin to monitor my mind

Rom 8:6 *The mind of sinful man is death, but the mind controlled by the Spirit is life and peace;*



2) I learn to direct / focus my thoughts



2 Cor 10:5

We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ, NASU

3) I learn to Feed my mind.

Matt 12:33-37 *"Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit. 34... For out of the overflow of the heart the mouth speaks.*

Matt 12:35-37

35 The good man brings good things out of the good stored up in him, and the evil man brings evil things out of the evil stored up in him. 36 But I tell you that men will have to give account on the day of judgment for every careless word they have spoken. 37 For by your words you will be acquitted, and by your words you will be condemned."

Romans 1:21

Their thinking became futile and their foolish hearts were darkened.

Contrary to what we assume, the normal state of the mind is chaos...When we are left alone with no demands on attention, the basic disorder of the mind reveals itself

—Michael Csikszentmihalyi.

"Entropy is the normal state of consciousness - a condition that is neither useful nor enjoyable." —Michael Csikszentmihalyi.

*But we have the mind of Christ. (1Cor 2:16)
Let this mind be in you, which was also in Christ Jesus. (Phil 2:5)
Take every thought captive. (2 Cor 10:5)*

Ps 1:1-3

*Blessed is the man
who does not walk in the counsel of the wicked
or stand in the way of sinners
or sit in the seat of mockers.*