



John 7:38-39 *Whoever believes in me, as the Scripture has said, streams of living water will flow from within him." ³⁹ By this he meant the Spirit, whom those who believed in him were later to receive.*

2 Cor 3:17-18 *Now the Lord is the Spirit , and where the Spirit of the Lord is, there is freedom . 18 And we, who with unveiled faces all reflect the Lord's glory, are being transformed into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit.*

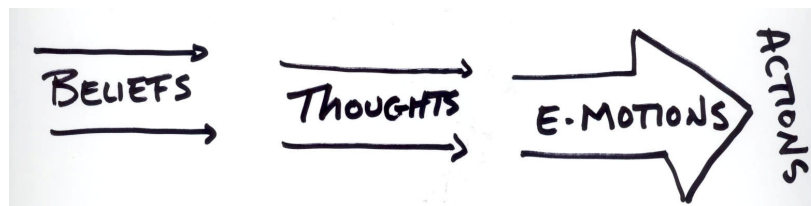
Do not conform any longer to the pattern of this world, but rather be transformed by trying really really hard to be a nice guy.

2 Assumptions 1:1

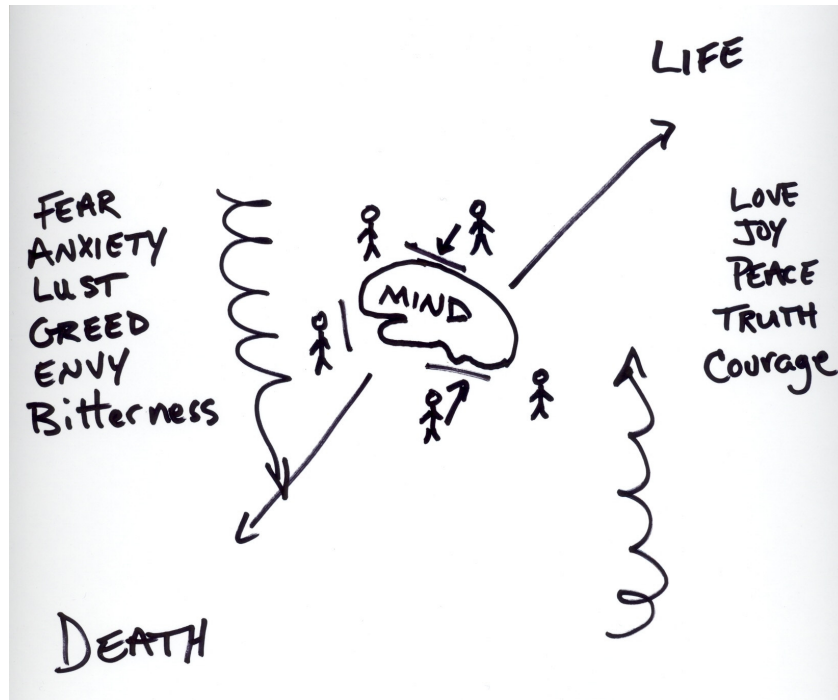
Rom 12:2 *Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.*

How does the mind get renewed?

1) Learn to Monitor your Mind



Rom 8:6 *The mind of sinful man is death, but the mind controlled by the Spirit is life and peace;*



2 Cor 10:5 ...we take captive every thought to make it obedient to Christ.

Phil 4:7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

2) Learn to Focus your Mind

Col 3:1 Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God.

3) Learn to Feed your Mind

Ps 1:1-3 Blessed is the man who... "meditates day and night. 3 He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers."

Phil 4:8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.